

## KS1 CURRICULUM MAP - P.E.

Class	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Introduction to P.E: Unit 2  Mark making activities Hand strengthening activities	Fundamentals: Unit 2  Letter Formation – Ladder Letters Hand strengthening activities	Dance: Unit 2  Developing self-care skills Letter Formation – Robot Letters	Gymnastics: Unit 2 Forest School  Developing self-care skills Letter Formation – Curly Caterpillar Letters	Ball Skills: Unit 1  Developing self-care skills Letter Formation – Loop the Loop Letters	Games – Unit 2  Developing self-care skills Letter Formation – Zigzag Letters
	Write Dance – ready for writing Spatial awareness	Write Dance Dance / Fundamental Movements	Body strengthening activities - Yoga	Body strengthening activities - Yoga	Games Unit 1 - Dance	Games Unit 2 - Gymnastics
	Outdoor Play					
Year 1	Ball skills	Dance	Gymnastics	Invasion	Striking and Fielding	Forest School
	Fundamentals	Sending and retrieving	Target games	Yoga	Athletics	
Year 2	Forest School	Dance	Gymnastics	Invasion	Striking and Fielding	Athletics
		Ball Skills	Target games	Yoga	Team Building	Net and Wall

### OAA Opportunities -

- OAA Activity Day – Y2
- Forest School – Y1/Y2

## KS2 CURRICULUM MAP - P.E.

Class	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3	Netball	Dance	Forest School	Gymnastics	Cricket	Athletics
	Football	Ball Skills		Football	Golf	Tennis
Year 4	Handball	Forest School	Dance	Swimming Football	Swimming Gymnastics	Athletics
	Tag Rugby		Yoga	Tennis	Tennis	Rounders
Year 5	Fitness	Swimming Gymnastics	Swimming Gymnastics	Cricket	Forest School	Athletics
	Football	Dance	Dance	Bandminton Y5/6		Golf
Year 6	Swimming	Dance	Gymnastics	Tennis	Rounders	Athletics
	Cricket	Dodgeball	Basketball	Yoga		OAA

### OAA Opportunities -

- Anderson Centre Trip – Y3
- Robin Wood Residential – Y5
- Forest School – Y3, Y4 and Y5

### Swimming –

- Autumn – Y6      Spring – Y5 and Y4      Summer Y4, Y6 (non-swimmers)